Found in Him

The Joy of the Incarnation and Our Union with Christ

Study Guide

By Elyse Fitzpatrick, M.A.

©2013 IBCD

Unauthorized duplication without express written permission is prohibited.
# Table of Contents

How to Use this Study Guide  

<table>
<thead>
<tr>
<th>Part 1: The Joy of the Incarnation</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>DISC 1</td>
<td></td>
</tr>
<tr>
<td>Session 1: From Beginning to End It’s All about Jesus</td>
<td>5</td>
</tr>
<tr>
<td>Session 2: Come Adore on Bended Knee</td>
<td>9</td>
</tr>
<tr>
<td>Session 3: Our Perfected Savior</td>
<td>13</td>
</tr>
<tr>
<td>DISC 2</td>
<td></td>
</tr>
<tr>
<td>Session 4: God’s Love for Sinners</td>
<td>17</td>
</tr>
<tr>
<td>Session 5: O Sacred Head Now Wounded</td>
<td>21</td>
</tr>
<tr>
<td>Session 6: Jesus Shall Reign</td>
<td>23</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 2: Union with Christ</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>DISC 3</td>
<td></td>
</tr>
<tr>
<td>Session 7: “I In Them”</td>
<td>29</td>
</tr>
<tr>
<td>Session 8: He Gave Himself Up for Us</td>
<td>33</td>
</tr>
<tr>
<td>DISC 4</td>
<td></td>
</tr>
<tr>
<td>Session 9: Chosen, Betrothed, Beloved, Named</td>
<td>37</td>
</tr>
<tr>
<td>Session 10: You Are Forgiven, You Are Righteous, You Are Loved</td>
<td>41</td>
</tr>
</tbody>
</table>
A few words for leaders from Elyse before we begin:

This study guide is meant to accompany the four *Found in Him* DVDs. These DVDs were filmed before a live audience June 27, 2013 in San Diego, California, at the Institute for Biblical Counseling and Discipleship (IBCD) annual conference.

Crossway Books has produced a trailer which will introduce this study and is located on disc 4 for your use as you invite friends or neighbors to join your groups. You might also want to show it at the first meeting again to set up the direction of the study.

Each twenty-minute session on the DVDs correlates to one chapter in the book, with there being 10 sessions/chapters in all. If you plan to use this material in a group setting, you might distribute the books and this study guide before the first meeting instructing the participants to read the introduction and first chapter and answer (as best they can) the questions at the end of the chapter. The questions are duplicated here in the study guide, with room for answers.

When you meet together, you could start with a time of prayer and singing and then watch the twenty-minute video, encouraging one another to follow along in this study guide and take notes. At the end of the video, the women might be dismissed to smaller groups where they can discuss what they have learned through the video and share their answers to the questions.

If you structure your meeting time in this way, you will complete the book, the study guide, and the DVDs in a 10-week block of time. Of course, you might want to go more slowly or have the women watch the DVD before they read or try to do the questions. Feel free to structure your time according to the needs and capabilities of your group.

The primary message of this study is that we are not alone and that because we are not alone we can rejoice and rest in God’s welcome and acceptance of those who believe. Although our sin had shattered our relationship with God and one another, God the Son became Jesus the Man so that we could be reunited with him and with each other. Although
we are familiar with the message of the incarnation and that we are somehow “united with him”, most of us don’t see how those truths should impact our daily lives. This book is meant to strengthen our hearts as we understand God’s great love for us in Christ.

Enjoy,

Elyse
Part 1: The Joy of the Incarnation
Session 1
From Beginning to End It’s All about Jesus

1) We all know what it is like to feel alienated and alone.

2) We go through life trying to find an identity that will answer our longing for relationship and quell our dread of isolation.

3) The Bible tells us why we feel alienated.
   a. We are by nature “children of wrath.”
   b. Our first parents were banished from God’s presence.
   c. Our relationship with God has been shattered.
   d. Our relationship with others has been shattered, too.

4) God has gone to great lengths to meet our God-given desire for relationship.
   a. He has sent his Son to take on human flesh and become one with us. This is called the “incarnation.”
      i. 1 John 1:14, 16-18
   b. The Son has joined himself to us, to the church, his bride. This is called “union” with him.
      i. All those “in” and “with” passages.

5) The Son before the manger.
   a. He’s the primary message of the whole Bible, even the Old Testament.
      i. John 5:39, 45-46.
   b. He existed before creation as the “Word.”
c. In the fall, Adam and Eve lost relationship with both God and each other.

d. God calls Abram and promises that through his descendant (“seed”) all the families of the earth would be blessed.

e. God calls Abraham to sacrifice Isaac.

f. God raises up Joseph, a suffering deliverer.

g. God raises up Moses who prophesied about a prophet to come.

h. God sent bread from heaven.

i. He gave them water in the wilderness.

j. Moses is hidden in the broken rock from the deadly glory of God.

k. Moses delivers the people from death through a lifted up bronze serpent.

6) The story of the Bible isn’t about us. It never was. It is about him.

For Group Discussion:

* Why does Jesus’s presence with us matter? How much do you struggle with feeling alone or alienated?
* What does Paul mean when he writes that Jesus is preeminent? Have you ever thought about Jesus being preeminent in the Old Testament before?

* Which one of the Old Testament narratives in which Jesus is present means the most to you? Why?

* How does seeing Jesus as the subject of the whole Bible change how you interpret the Bible?
* In four or five sentences, summarize this chapter. Record any questions you might want to discuss later or specific truths that have warmed your heart as you read the chapter.